

INDIVIDUAL BOXED MEAL MENU

BREAKFAST BOXES

BREAKFAST TACO BOX

A flour tortilla loaded with your choice of tinga brisket, bacon, honey ham, sausage or vegetarian, with scrambled eggs, roasted breakfast potatoes and shredded cheddar cheese. Served with our house-made salsa and amanté salsa. Includes fresh fruit.

Serves 1 | 11.30 Add a taco | 4.

VEGAN BREAKFAST TACO BOX Vegan

A flour tortilla loaded with black bean and corn salsa, with roasted potatoes, and avocado. Served with our house-made salsa and amanté salsa. Includes fresh fruit.

Serves 1 | 13.10 Add a taco | 4.20

CIABATTA BREAKFAST SANDWICH BOX

Your choice of bacon, honey ham, sausage or vegetarian, with scrambled eggs and sliced cheddar cheese on a ciabatta roll. Includes fresh fruit.

Serves 1 | 14.90

CROISSANT BREAKFAST SANDWICH BOX

Big breakfast sandwich on a flaky croissant with scrambled eggs and sliced cheddar. Your choice of bacon, sausage, ham, or vegetarian. Comes with fresh fruit cup.

Serves 1 | 16.

GLUTEN-FREE BREAKFAST SANDWICH BOX

Your choice of bacon, honey ham, sausage or vegetarian, with scrambled eggs and shredded cheddar cheese on our gluten-free ancient grains bread. Includes fresh fruit.

Serves 1 | 15.20

ALL AMERICAN BREAKFAST BOX

A classic hearty breakfast with scrambled eggs, sausage, bacon, cheesy hashbrowns, and a buttermilk biscuit. Served with butter, Cholula hot sauce, and strawberry preserve.

Serves 1 | 20.40

MUFFIN AND YOGURT PARFAIT BOX

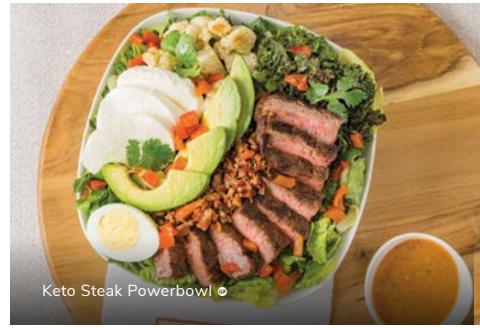
A fresh baked muffin served with a yogurt parfait and a fresh fruit cup. Served with butter and strawberry preserve.

Serves 1 | 19.30

VEGAN BREAKFAST HASH Vegan

Roasted kale, red and yellow peppers, and red onion, with roasted potatoes, and green onion. Served with our house-made salsa and amanté salsa. Includes fresh fruit.

Serves 1 | 11.30



POWERBOWLS

KETO STEAK POWERBOWL

Certified as a Keto Diet Plan Meal! Sliced steak over a bed of romaine lettuce with bacon bits, roasted cauliflower, roasted kale, roasted red peppers, avocado, hardboiled egg, and fresh mozzarella topped with cilantro. Served with sugar-free roasted tomato and jalapeño vinaigrette.

Serves 1 | 20.30 Add a fresh fruit cup | 3.40

SANTA FE STEAK POWERBOWL

Marinated sliced flank steak over a bed of quinoa and spinach with black bean corn salad, sliced radish, avocado, feta cheese and topped with cilantro. Served with creamy lime dressing.

Serves 1 | 18.70 Add a fresh fruit cup | 3.40

TINGA CHICKEN POWERBOWL

Our signature Tinga chicken is served with layers of quinoa, fresh-chopped spinach, fresh-cut radishes, avocado, creamy feta, our signature black bean and corn salsa topped off with fresh cilantro and our creamy lime dressing.

Serves 1 | 16.40 Add a fresh fruit cup | 3.40

KETO SHAWARMA CHICKEN POWERBOWL

Certified as a Keto Diet Plan Meal! Fresh romaine lettuce, fresh mozzarella, hard-boiled egg, avocado, bacon bits, roasted cauliflower, kale, roasted red pepper, and cilantro. Served with sugar-free roasted tomato and jalapeño vinaigrette.

Serves 1 | 18.80 Add a fresh fruit cup | 3.40

ALONTI POWERBOWL Vegan

Kale, red quinoa, roasted sweet potatoes, black beans, avocado, green onions, cilantro, roasted red peppers, and roasted tortilla strips served with a roasted tomato and jalapeno vinaigrette.

Serves 1 | 14.90

ADD STEAK

Serves 1 | 3.80

ADD GRILLED CHICKEN

Serves 1 | 1.50

ADD SANTA FE FALAFEL Vegan

Serves 1 | 3.20



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HOT PLATES

Serves 1 | 23.80



Fajitas

FAJITAS

Marinated flank steak and/or juicy chicken breast grilled with onions and poblano peppers over an open fire. Served with tortillas, charred lime, shredded cheddar cheese, sour cream, house-made salsa, and amanté salsa. Served with charro beans and Mexican rice, and fresh-baked jumbo cookie.

CHICKEN FAJITAS

Serves 1 | 23.80

STEAK FAJITAS

Serves 1 | 28.80

COMBO FAJITAS

Serves 1 | 25.40

VEGAN FAJITAS Vegan

Grilled squash and zucchini seasoned in our fajita seasoning over a bed of grilled onions and poblanos. Served with tortillas, charred lime, house-made salsa, and amanté salsa. Served with charro beans, Mexican rice, and a fresh-baked vegan cookie.

BUTTERMILK BAKED CHICKEN

Breaded buttermilk-marinated chicken breast topped with a creamy, zesty honey mustard sauce. Includes macaroni and cheese, roasted vegetable medley, a fresh-baked baguette with butter, and a fresh-baked jumbo cookie.

SALADS

Includes chips and a fresh-baked jumbo cookie.

Serves 1 | 18.90

SOUTHWEST SALAD

Your choice of marinated flank steak or grilled chicken over romaine lettuce with black bean corn salsa, pickled onion, green onion, feta cheese, avocado, and roasted tortilla strips. Served with creamy lime vinaigrette.

CHICKEN GF

Serves 1 | 18.90

STEAK

Serves 1 | 20.90

HARVEST SALAD GF

Fresh greens layered with quinoa, Alonti marinated chicken, crisp apples, crumbled goat cheese, hand-cut tomatoes, dried cranberries, signature spiced pecans, finely chopped roasted red peppers, and green onions. Served with a lime vinaigrette. Includes a gluten-free pistachio oatmeal bar instead of a jumbo cookie.

CAESAR SALAD

Romaine lettuce with shaved parmesan, homemade croutons and our own creamy Caesar dressing.

Serves 1 | 17.10

ADD GRILLED CHICKEN GF

Serves 1 | 1.90

COBB SALAD

Fresh greens with grilled chicken, tomatoes, bacon, diced eggs, avocado and cheddar cheese. Served with ranch dressing.

PECAN-CRUSTED CHICKEN

Baked pecan-coated chicken breast served with creamy pecan sauce. Includes herb-roasted red potatoes, green beans, a fresh-baked baguette with butter, and a fresh-baked jumbo cookie.

GRILLED KEBABS

A skewer of marinated grilled chicken or steak, served with Mediterranean rice pilaf and accompanied by creamy Hummus, fresh sliced cucumbers, cucumber sour cream, and grilled pita bread.

CHICKEN KEBABS

Serves 1 | 23.80

STEAK KEBABS

Serves 1 | 28.80

TINGA BRISKET BURRITO BOWL GF

Our signature tinga brisket is served with layers of Mexican rice, black beans, fresh-chopped tomatoes, cilantro, avocado, and lime. Includes amanté salsa and a gluten-free pistachio oatmeal bar.

TINGA CHICKEN BURRITO BOWL GF

Our signature shredded tinga chicken is served with layers of Mexican rice, black beans, fresh-chopped tomatoes, cilantro, green onions, and topped off with crunchy strips of corn tortilla and shredded cheddar cheese. Includes salsa, guacamole, jalapeños, and a gluten-free pistachio oatmeal bar.



Tinga Brisket Burrito Bowl GF



Chicken Tequila Pasta

CHICKEN TEQUILA PASTA

Spicy cream sauce with grilled chicken breast, tri-colored bell peppers and jalapeños served over Cavatappi pasta. Includes fresh-baked baguette with butter and fresh-baked jumbo cookie.

VEGETARIAN PASTA V

Cavatappi pasta tossed in a zesty marinara sauce with zucchini, yellow squash, carrots, broccoli, red onions, and then topped with shaved parmesan cheese. Includes fresh-baked baguette with butter, and fresh-baked jumbo cookie.

VEGAN PASTA V Vegan

Cavatappi pasta tossed in a zesty marinara sauce with zucchini, yellow squash, carrots, broccoli, and red onions. Served with a fresh-baked vegan cookie.



Pecan-crusted Chicken

VEGAN SALAD V Vegan

A base of kale and quinoa topped with fresh avocado, roasted sweet potatoes, chickpeas, pumpkin seeds, cherry tomatoes, and tortilla strips. Served with our lemon agave dressing, chips, and a fresh-baked vegan cookie.



Harvest Salad GF



Mediterranean Chicken with Balsamic Vinaigrette



Pecan-crusted Chicken Salad